

REAL MEALS
GREAT VALUE ANY TIME OF DAY

BREAKFAST
Pasta & Meat
Since 3, 214 Clarence St, 9208 0738
The scrambled egg (B) are famous.

LUNCH
Red Chili
Vegetable, \$8 (Week \$4, 9222 8122)
Go for the \$6.95 special, long pan-ficken.

DINNER
BROCCOLI & CHICKEN
111 Elizabeth St, 9210 9422
The \$9.95 pasta and/or buffet is sublime.
Here's a great deal in the city? Let us know at alive@vella.com.au



Let's eat steak

These places select, handle and cook their beef with care.

LOCAL KNOWLEDGE
Marie, risk management consultant
For great coffee, you'll get past Single Origin Roasters at Sully Hills. They make the best espresso and four-chicken biscuit sandwich and the service is warm, friendly and efficient. My favourite food venue in Sully Hills is Pizza Mario in Sully Hills - I love their pasta pizza which is just something wonderful. Head to Crane State Pubhouse in Bellevue Hill, a charming little cafe that has the best looking and coffee and more before.
For cheap eats, I recommend Sully Hill at Sully Hills.



A STEAK is one of the simplest of meals, and can also be one of the easiest to screw up in the wrong hands. These places specialise in steak, and select, handle and cook their beef with care. A slice of "best steak" needs access to the quality at **GPO Prime** (Lower ground floor, 1 Martin Place, 9229 7777), **Kingsley's Australian Steakhouses** (204 King St, 9252 4333) has two more restaurants in the CBD called **Steakhouse** (7 Bridge St, 9255 5099), and 171 Lane St, 9255 5000. In the Launceston steakhouse is the splendid **Mad Cow** (330 George St, 9249 9000). The 18kg custom steak of Wagyu is just \$19.50 at **Chophouse** (25 High St, \$300 180 749). Head for the prime wench **Eller** (855/50) in the elegant surrounds of **Dundie's** (1 Best St, 9250 6977). Our favourite "meat and eat" is at **Kingsley's Steak & Crabbies** (6 Coopers What Rd, Woodstockton, 1300 546 076). They do their own do what they grow at **The Meat & Wine Co** (31 Wheat Rd, Cockle Bay Wharf, 9211 9888); a vast array of steak options and more than 3000 bottles of wine.

“VELLUTO NERO... The scrambled eggs are heaven”